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ABSTRACT

Alcohol poses a significant threat to young people. Ways in which to warn children between the ages of 8 and 13 about the dangers of alcohol are presented in this book. It is a health education text containing precise information presented in a simple way, through the use of fictional characters who are vividly portrayed in pictures and straightforward dialogue. It discourages the child from starting to drink by pointing out the dangers of such action, but its main purpose is to enable children to avoid any kind of addiction. The text uses a fictional character, a young Arab student, who is enticed into drinking alcohol. The story follows him as drinking leads him into dire circumstances, and as he wrestles with tough decisions and difficult situations. Explicit information on how alcohol affects the brain, the danger of alcoholism, the consequences of alcohol use, and other issues surrounding addiction are discussed. Family and peer influences are explored and positive ways in which children can focus their energies are presented. The text features vibrant pictures that emphasize the sensations and dangers of alcohol use. All text, including title and prefactory material, is provided in three languages: Arabic, French, and English. (RJM)

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